IP

# Unit 6

## Demand for life and work

1. Communicate boundaries so u can truly unplug
2. Set n communicate ur work hours to ur colleagues and customers so that u have a clear boundary
3. Invest in relationships
4. Make space in ur schedule for ur family and loved ones
5. Prioritize quality time
6. Think big but start with small
7. Ask for help as n when needed

# Chapter 5 team of organization

## How to build a suitable team for an organization n **give a step by step procedure(This is the answer below)**

1. Define the requirement of the team along with task
2. Apply suitable methods of recruitment
3. Select the right person for the right job in the right time
4. Conduct an induction program for a selected team
5. Execute the trainee n development
6. Develop a monitoring system
7. Develop a culture of reviews n rewards

# 2 questions merge in one

## Eg: Write a jd for a post n what is jd

# There will be a quote which we have to explain in regard to the topic n the quotes will be from the 10 psychologist

# Paper pattern

## Q1 4q 5m each

## Rest all a n b

## Unit 6 n 7 no 5m question but directly 10m question

Unit 6 learn thoroughly n attempt it n 2q will be there for sure